

MCM KIDS RUN FAMILY GUIDE

AN ESSENTIAL GUIDE TO HELP YOU PLAN YOUR EVENT DAY & #RUNWITHTHEMARINES

WAVE START

The MCM Kids Run offers 8 waves for the young runners to participate in and occur every 20 minutes. Each wave has a pre-assigned start time. Please ensure you arrive according to your wave. Your wave color cannot participate in an earlier wave time (e.g. Green Wave cannot join the Red Wave start time). Running late, don't worry, your runner can join a later wave but please try to arrive on time.



MCM KIDS RUN COURSE

See additional page for the MCM Kids Run course map.

CLOSED COURSE - REGISTERED PARTICIPANTS ONLY

While we understand that some parents may be tempted to join their young runner on the course, for the safety and security of all in attendance, we ask that all family members **do not** enter the course. Please remain in the designated Spectator Viewing areas displayed on the event map. Additionally, barriers are located along the course, please do not move these to acquire better vantage points for viewing as it leads to safety hazards to the young runners and event personnel.

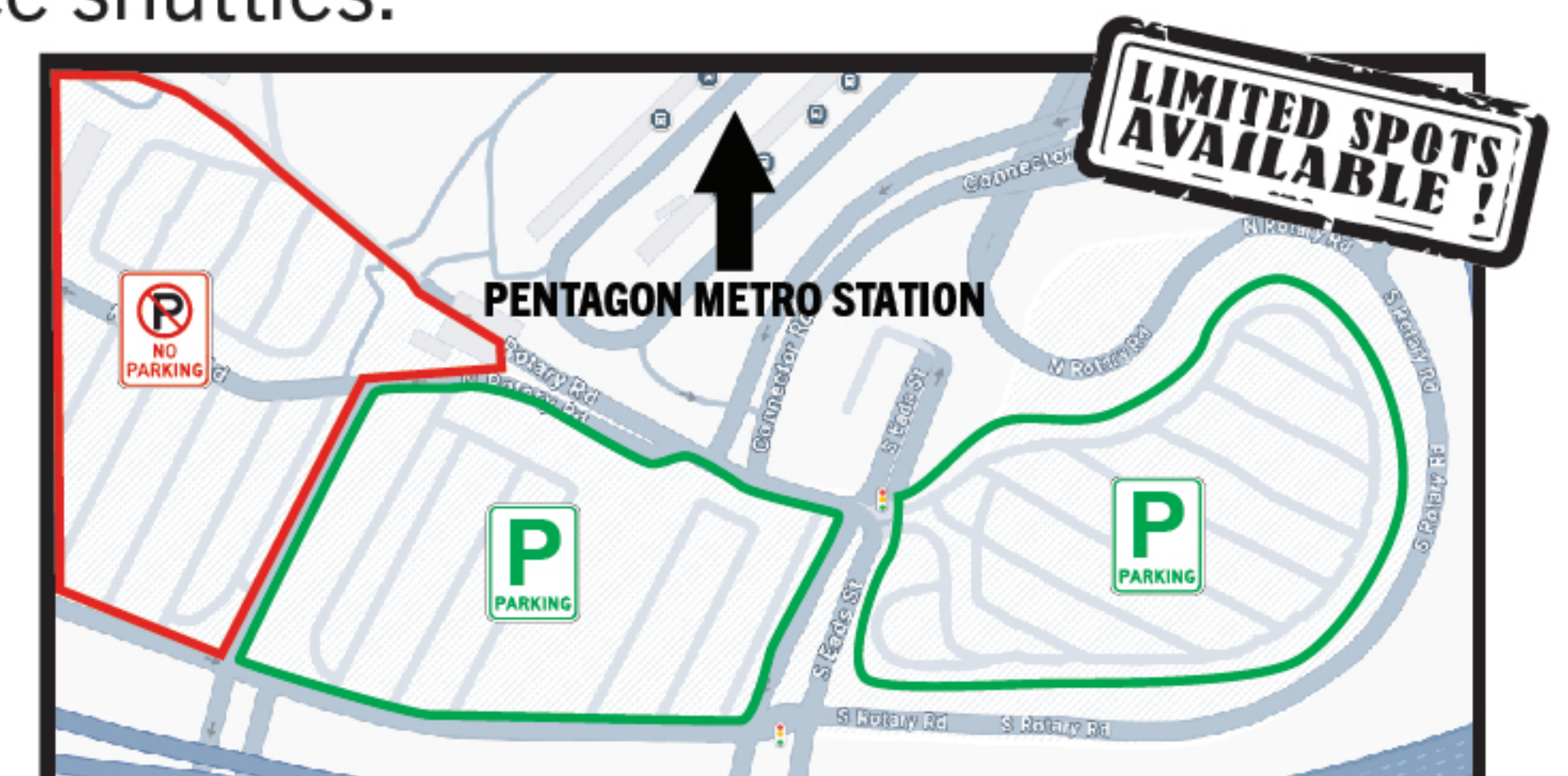
PLAN YOUR TRAVEL

We offer families three convenient options to access the MCM Kids Run Start/Finish Area.

1. Free shuttles are available on Saturday from the Pentagon Metro station (**BLUE** or **YELLOW** lines) to the from 8:00 a.m. to 12:00 p.m.
2. Paid parking is available at the Fashion Centre at Pentagon City (1100 S. Hayes St.). Ride the Pentagon City Metro station to the Pentagon station (**BLUE** or **YELLOW** lines) to access the free shuttles.
3. LIMITED SPOTS AVAILABLE - Free parking is located at Pentagon South Parking in lanes 21-32*. Families can then access the free shuttles from the Pentagon Metro station.

**Lanes 26-32 must be cleared by 12:00 p.m.*

Shuttle service runs continuously from 8:00 a.m. to 12:00 p.m. but please ensure you give yourself ample time for any long lines that may occur.



DISPLAY YOUR CHEER

We love seeing families encourage and motivate their young runner(s). Your encouragement can also be displayed with creative and fun signs. We look forward to seeing you cheer on your runner. Is your child(ren) running with a school? Show off your school spirit with displaying your school's color or logos.

AFTER THE RACE

After crossing the Finish Line, your young runner(s) will receive a bag from hospitality with delicious healthy snacks from our sponsor. Once they receive their bag, the runners will enter the Family Link-Up Tent (see map) where families will use their Family Claim Ticket(s) (see Important Information section below) to pick up their child(ren).

Your young runner(s) and their family can enjoy some FREE post-race entertainment by visiting our sponsors at Camp Miles where you can enjoy fun activities, healthy snacks, mascots, music and more!

IMPORTANT INFORMATION

1. Please ensure the Emergency Information section located on the back of your child's bib is filled out completely.
2. Prior to your child(ren) accessing the Start Line area, parents/guardians MUST remove the "Parent Claim Ticket" from their child's bib, please verify that the number on the ticket matches your child's bib number & wave color. This ticket is REQUIRED to enter the Family Link-Up tent and will be verified twice by uniformed Marines prior to departing the tent. To prevent crowding of the area, it is recommended that only one (1) parent or guardian enter the tent to pick up their child(ren).
3. NO BIKES ALLOWED IN EVENT AREA - Runners and spectators must secure their bikes outside the event area. The Marine Corps and the Marine Corps Marathon Organization is not responsible for lost, damaged or stolen property.
4. SERVICE ANIMALS ONLY - NO PETS ARE AUTHORIZED ON PENTAGON PROPERTY

#DESIGNWITHTHEDEVILPUPS

Keep an eye out for information regarding the 2025 MCM Kids Run T-Shirt Design Contest and we look forward to seeing what your young artist creates. For more information visit www.marinemarathon.com.

MCM KIDS RUN

WAVE SCHEDULE

9:20 A.M. **RED**



9:40 A.M. **BLUE**



10:00 A.M. **YELLOW**



10:20 A.M. **GREEN**



10:40 A.M. **PURPLE**



11:00 A.M. **ORANGE**



11:20 A.M. **GRAY**

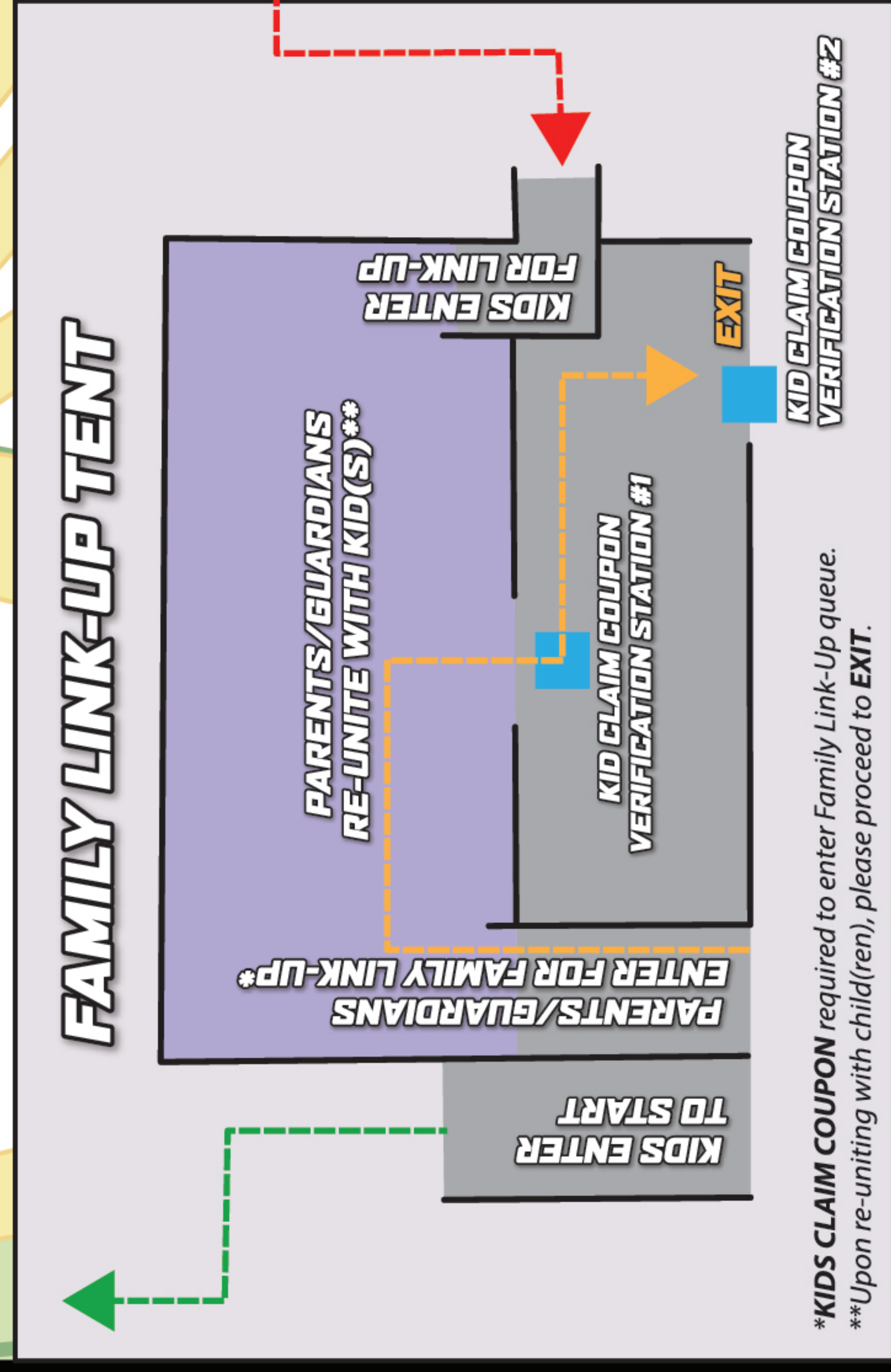


11:40 A.M. **PINK**



LEGEND

	INFO
	AID STATION
	SECURITY CHECKPOINT
	SHUTTLES
	PORT-A-JOHNS
	ANNOUNCER STAGE
	BUS PARKING
	SPECTATOR VIEWING
	RESERVED PARKING
	MASCOT TENT
	NURSING TENT



*KIDS CLAIM COUPON required to enter Family Link-Up queue.
 **Upon re-uniting with child(ren), please proceed to EXIT.

MAP LAYOUT SUBJECT TO CHANGE.