MEDIA RELEASE

CONTACT: TAMI FARAM tami.faram@usmc.mil 703.432.1840 (o) 703.987.3191 (c)

www.MarineMarathon.com

Marine Corps Marathon Gains Approval to Manage Military Running Team

QUANTICO, VA (April 19, 2016) – The Marine Corps Marathon (MCM) organization has received approval to assume management of the All-Marine Running Program, which includes the United States Marine Corps Team of Active Duty and Activated Reserve athletes, known as All-Marine runners.

All-Marine athletes have represented the United States Marine Corps in national and international distance running events, including cross-country races, half marathons and marathons. Historically, the All-Marine Running Program has been managed by the Semper Fit and Recreation Branch of the Marine and Family Programs Division, Headquarters Marine Corps.

Through a recently signed agreement, authority for the All-Marine Running Program has been delegated to the Director of the Marine Corps Marathon. According to MCM Director Rick Nealis, the All-Marine Running Program "is a natural fit."

"While as an organization the MCM is centered on long distance running, our mission is to promote physical fitness, showcase the U.S. Marine Corps and generate community goodwill," says Nealis. "All facets of the mission will be reflected through the training and participation of these impressive Marine athletes."

As a result, the MCM will assume management, funding and coordination of the All-Marine Running Program to include the review of runner applications, team selection process, fielding of the 2016 team, annual event schedule and travel for athletes.

The MCM anticipates All-Marine Running Team members will participate in annual events such as the Marine Corps Marathon through the Challenge Cup and Armed Forces Competitions; Armed Forces Cross Country Championship; the Marine Corps 17.75K; Marine Corps Historic Half; Quantico 12K; Turkey Trot 10K and the Warriors of the Sea competition in England.

The MCM expects to hire a professional coach. In addition, the MCM is seeking throughout the Marine Corps, male and female runners interested in being part of the All-Marine Running Team. Finish time requirements to apply for the All-Marine Running Team are included below:

Call for All-Marine Runners

Marines must meet one of the following distances and minimum finish times within the past 24 months:

Event	Finish Time	Pace Per Mile
Men		
5k	17:00	5:29
10k	35:00	5:38
10 mile	58:00	5:48
Half marathon (13.1 miles)	1:18:00	5:57
Marathon (26.2 miles)	2:48:00	6:24
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All-Marine Running Program continued 2-2-2-2

Women

5k	20:00	6:27
10k	41:00	6:37
10 mile	1:08:00	6:48
Half marathon (13.1 miles)	1:32:00	7:02
Marathon (26.2 miles)	3:15:00	7:27

Interested Marines can obtain the All-Marine Team application form at:

http://www.usmc-mccs.org/mccs/assets/File/PDFs/Sports_Application.pdf

For additional information about applying for the All-Marine Running Team contact Mark Williams, All-Marine Running Program manager, at mark.a.williams17@usmc.mil or visit All-Marine Sports: http://www.usmc-mccs.org/services/fitness/all-marine-sports/.

The Marine Corps Marathon (MCM) is voted the "Best Marathon in the Mid Atlantic" and "Best Marathon for Spectators." The MCM honors the dedication, sportsmanship and patriotism of its participants. Also known as "The People's Marathon," runners from all walks of life participate in the MCM, the largest marathon not to offer prize money. The 41st MCM will be held on October 30, 2016 in Arlington, VA. No federal or Marine Corps endorsement is implied. #RunWithTheMarines

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