'Mayor of Running' Bart Yasso to Speak at Historic Half Celebration Breakfast

Historic Half video also released as event marks 10th year in Fredericksburg, VA on May 21

QUANTICO, VA (April 7, 2017) – Thousands of runners from across the United States will share in the excitement of Marine Corps Historic Half Weekend from May 19-21 while joining the U.S. Marines in their tenth year hosting the event in Fredericksburg, VA. To mark his grand occasion, the Marine Corps Historic Half has added a *Celebration Breakfast* to Historic Half Weekend featuring Bart Yasso, known throughout the industry as the "mayor of running."

<u>Tickets</u> for the Celebration Breakfast on Saturday, May 20 can be purchased for \$15. The event will be held in the ballroom of the <u>Expo & Conference Center</u> in Fredericksburg's Central Park.

Yasso, who has completed more than 1,000 competitive running events on every continent, is making his first appearance at the Marine Corps Historic Half before officially retiring from his longtime position as "Chief Running Officer" at *Runner's World* magazine.

A veteran runner for over 30 years and author of "My Life on the Run," Yasso's notable events include the Marine Corps Marathon and one of the toughest races on the planet, the Badwater 146 through Death Valley. As both Chief Running Officer for Runner's World and creator of the Yasso 800s, he offers concrete advice to runners of all abilities – from the advanced runner to the beginner. As a lifelong globe-trotting runner, Yasso speaks with wit, wisdom and despite having experience some setbacks along the way, he still "continually draws great joy from the sport."

In addition, the Celebration Breakfast will pay special recognition to the <u>Iron Mile Company</u> of runners – those who have completed every Marine Corps Historic Half since the event began in 2008. While many of these loyal runners hail from the Commonwealth of Virginia, others are traveling from Florida, Georgia, Ohio, Illinois and California, to name a few.

Registration also remains open for both the Marine Corps Historic Half and the Semper 5ive (five miler) running events at www.marinemarathon.com. The new Devil Dog Double, which tackles both the five-mile and half marathon distances, has sold out.

In addition, the new video, "<u>Historic Half: A City's Pride</u>," has just been released by the Marine Corps Historic Half as the City prepares to welcome thousands of runners and spectators from across the United States as well as the many U.S. Marines and volunteers helping to coordinate the spectacular three-day weekend.

More information about the Marine Corps Historic Half is available at www.marinemarathon.com.

The Marine Corps Historic Half, established in 2008, annually is held in Fredericksburg, VA hosts 10,000 runners participating in half marathon and five-mile distance events. Considered "the greatest half marathon in history," the event boasts a course featuring landmarks dating back to our nation's beginnings and the early homes of Presidents George Washington and James Monroe.

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